

PSALMS

Paraphrased, personalized Bible verses
Replace “ _____ ” with the name(s) of the one(s) for whom you are praying

Praying the Psalms is a way to talk with God using His own words. We know He loves us and wants to hear from us. Below are choices for you to pray the Psalms, depending on your needs or another's needs.

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THE TWENTY-THIRD PSALM

“LORD, You are _____’s shepherd, _____ shall not want.

You make _____ lie down in green pastures, You lead _____ beside quiet waters,

You restore _____’s soul.

You guide _____ in paths of righteousness for Your name’s sake.

Even though _____ walks through the valley of the shadow of death, _____ will
fear no evil, for You are with _____;

Your rod and Your staff, they comfort _____.

Surely goodness and love will follow _____ all the days of _____’s life, and _____
will dwell in Your house forever.” Psalm 23 Thank You, Father.. In the name of Jesus, Amen.

PSALM FOR GIVING THANKS

“I give thanks to You, The LORD, for You are good.

Your love endures forever.

To You, the One who remembered us in our low estate,

Your love endures forever.

and freed us from our enemies,

Your love endures forever.

Give thanks to the God of heaven.

Your love endures forever.” Psalm 136:1,23,24,26 In the name of Jesus, Amen

PSALM OF THANKS

“It is good to praise You, LORD, and make music to Your name, O Most High, to proclaim Your love in the morning and Your faithfulness at night.

For You make me glad by Your deeds, O LORD,

I sing for joy at the works of Your hands.

How great are Your works, O LORD, how profound Your thoughts!

The senseless man does not know, fools do not understand,

that though the wicked spring up like grass and all evildoers flourish,

They will be forever destroyed.

But You, O LORD, are exalted forever.” Psalm 92:1-2,4-8. In the name of Jesus, Amen. Other Psalms of thanks: 9:1-12; 18; 30; 34; 40:1-11; 41; 65; 66:1-20; 67; 68; 92; 116; 118; 124; 138.

REGRET FOR SIN OR WRONGDOING

“Blessed is _____, whose transgressions are forgiven, whose sins are covered. Blessed is _____, whose sin You, my LORD do not count against _____, and in whose spirit is no deceit.

When _____ kept silent, _____’s bones wasted away, through _____’s groaning all day long. For day and night Your hand was heavy upon _____; _____’s strength was sapped as in the heat of summer.

Then _____ acknowledged _____’s sin to You and did not cover up _____’s iniquity. _____ said ‘I will confess my transgressions to the LORD’ – and You forgave the guilt of _____’s sin.

Therefore let everyone who is godly pray to You while You may be found; surely when the mighty waters rise, they will not reach _____. You are _____’s hiding place, You will protect _____ from trouble and surround _____ with songs of deliverance.

Rejoice in the LORD and be glad, you righteous; sing, all you who are upright in heart.”

Psalm 32:1-7,11 In the name of Jesus, Amen.

Other penitential Psalms: 6, 25, 38, 51, 102, 130, 143.

DEFLECTING EVIL FROM WRONGDOERS

“Hasten, O God, to save _____; O LORD, come quickly to help _____.

May those who seek _____’s life be put to shame and confusion;

may all who desire _____’s ruin be turned back in disgrace.

May those who say to _____ ‘Aha! Aha!’ turn back because of their shame.

But may all who seek You rejoice and be glad in You;

may those who love Your salvation always say

‘Let God be exalted!’

Yet _____ is poor and needy; come quickly to _____, O God.

You are _____’s help and _____’s deliverer;

O LORD, do not delay.” Psalm 70 In the name of Jesus, Amen.

Other imprecatory Psalms: 12, 35, 58, 59, 69, 83, 109, 137, 140.

PROTESTATIONS OF INNOCENCE AND PLEA FOR AID

Hear, O LORD, my righteous plea; listen to my cry.

Give ear to my prayer – it does not rise from deceitful lips.

May _____'s vindication come from You; may Your eyes see what is right.

Though you probe _____'s heart and examine _____ at night,

though you test _____, You will find nothing;

_____ has resolved that _____'s mouth will not sin.

As for the deeds of men – by the word of Your lips

_____ has kept from the ways of the violent.

_____ 's steps have held to Your paths;

_____ 's feet have not slipped.

I call on You, O God, for You will answer me; give ear to me and hear my prayer.

Show the wonder of Your great love, You who save by Your right hand

those who take refuge in You from their foes.

Keep _____ as the apple of Your eye; hide _____ in the shadow of Your wings from the wicked who assail _____ from _____'s mortal enemies who surround _____. ”

Psalm 17:1-9 In the name of Jesus, Amen.

Other protestations of innocence: Psalm 18:20-24, 26:1-6, 41:12, 44:17-22, 59:3c-4a.

PSALM OF TRUST

“LORD, You are _____'s light and salvation – whom shall _____ fear?

You, LORD are the stronghold of _____'s life – of whom shall _____ be afraid?

When evil men advance against _____ to devour _____'s flesh,

when _____'s enemies and _____'s foes attack _____,

they will stumble and fall.

Though an army besiege _____, _____'s heart will not fear;

though war break out against _____,

even then will _____ be confident.

One thing _____ asks of You, O LORD,

this is what _____ seeks:

that _____ may dwell in Your house, O LORD,

all the days of _____'s life,

to gaze upon Your beauty, O LORD

and to seek You in Your temple.

For in the day of trouble

You will keep _____ safe in Your dwelling;

You will hide _____ in the shelter of Your tabernacle

and set _____ high upon a rock.

Then _____'s head will be exalted above the enemies who surround _____;

at Your tabernacle will _____ sacrifice with shouts of joy;

_____ will sing and make music to You, O LORD.” Psalm 27:1-6 In the name of Jesus, Amen.

. Other Psalms of trust: 4, 11, 16, 62, 91, 115, 121, 125, 129, 131.

FAITHFUL IN DISTRESS

"O LORD, how many are _____'s foes! How many rise up against _____!
 Many are saying of _____, 'God will not deliver _____.'
 But You are a shield around _____, O LORD,
 You bestow glory on _____ and lift up _____'s head.
 To You, LORD, I cry aloud, and You answer me from Your holy hill.
 _____ lies down and sleeps; _____ wakes again, because You, LORD, sustain _____.
 _____ will not fear the tens of thousands drawn up against _____ on every side.
 Arise, O LORD!
 Deliver _____, O my God! Strike all _____'s enemies on the jaw;
 break the teeth of the wicked. From the LORD comes deliverance.
 May Your blessing be on _____." Psalm 3 In the name of Jesus, Amen.
 Others: 16, 31, 54, 56, 57, 61, 71, 86.

TIMES OF MENTAL STRAIN

"Listen to my prayer, O God, do not ignore my plea; hear me and answer me.
 _____'s thoughts trouble _____ and _____ is distraught
 at the voice of the enemy, at the stares of the wicked;
 for they bring down suffering upon _____ and revile _____ in their anger.
 _____'s heart is in anguish within _____; the terrors of death assail _____.
 Fear and trembling have beset _____; Horror has overwhelmed _____.
 _____ said, 'Oh, that I had the wings of a dove!
 I would fly away and be at rest – I would flee far away and stay in the desert;
 I would hurry to my place of shelter, Far from the tempest and storm.'
 Cast your cares on the LORD, _____, And He will sustain you;
 He will never let _____ fall.
 But You, O God, will bring down the wicked into the pit of corruption;
 Bloodthirsty and deceitful men will not live out half their days.
 But as for me, I trust in you." Psalm 55:1-8, 22-23 In the name of Jesus, Amen.
 Others: Psalm 5, 28, 55, 59, 64, 109, 120, 140, 142.